



Networking with Friends



One of the benefits of membership of “*Friends of York Rotary*” (FoYR) is the opportunity to network with others in the group, many of whom work in the charity sector in York. So in response, we recently organised the first event for FoYR where the theme was “*Challenges Facing the Charity Sector*” and we were delighted to welcome Jane Hustwit, Chair of CVS in York, as our guest speaker. The attendees then discussed, in smaller groups, their own challenges and shared many experiences and views between themselves. Topics ranged from the difficulties in recruiting volunteers, marketing and publicity, duplication of efforts, social media, and of course inevitably fundraising and grant sourcing.

Feedback from the event suggested it was a very helpful evening and should be followed up. As a result, a second networking evening has been arranged for **Friday February 15th**, which will be focussed on using Social Media. This is a topic that is of interest to all of us of course, and this is an opportunity to share “best practice” and understand other organisations’ approaches to using social media for communication and marketing purposes.

Details of the February event are on page 2. It’s FREE – just sign up!

Brian Joscelyne

A Message from Elly

BBC Radio York’s Elly Fiorentini, who is an Honorary Member of our Rotary Club, is FoYR’s Patron

“Christmas has been and gone and once again we have seen such great acts of human kindness. The story I heard recently was about the man who had spent his Christmas Day at the homeless centre in Leeds. It had taken five years to get accepted as there was a waiting list. I find it heart-warming that there was a waiting list. It shows how society is changing. People are willing to give up their holiday time to help others. During my travels I have seen the good side of humanity and experienced a lot of kindness myself.



My challenge to *FoYR* is to look for those moments, they will surprise you and sometimes happen when you least expect them. I wish you all a happy and healthy 2019.”

Elly

Some Dates for your Diary...

- February 15th** **FoYR exclusive: Networking Evening**
Topic: “*Social Media as a Marketing Tool*”
(see page 2 for more details and how to sign-up)
- February 23rd** **Fundraiser Concert: “Grand Old Uke of York”**
St Peters’ School Memorial Hall 7.30pm
(see pages 5 & 6 for more details)
- April 18th** **Join the Rotary Club of York and guests for a walk in Rydale followed by a delicious buffet lunch; £20**
(all in aid of international charity “*Hope & Aid Direct*”)
(see page 2 for more details)
- Date tbc** **FoYR Coffee Morning** – more information to follow

Editorial



Welcome to the 3rd edition of *Community*, the newsletter for the **Friends of York Rotary**; a very Happy New Year to everyone!

In this issue, there are some more insights for you about the work of our Rotary Club in York – including an interview with **David Fotheringham**, whom many of you will know from his work in chairing the York Rotary Dragon Boat Challenge organising committee.

We have our second “networking event” in February, a chance to join our **Charity Walk** in April, and many other ideas for “Friends” events later in 2019.

Please help us to spread the word and get ticket sales for our big fundraiser on February 23rd, featuring the fabulous “*Grand Old Uke of York*” band in concert.

And finally, make a note in your diaries for July 14th – yes, the Dragon Boat Challenge will be coming round again, and we’ll need your help!

Thank you for your support of Rotary, and for being a “Friend”

Brian Joscelyne
FoYR Co-ordinator



Upcoming FoYR events for the Spring



NETWORKING EVENING

Friday February 15th 2019

Door 84 Youth Space, Lowther Street

The Groves, York YO31 7LX

6.30pm – approx. 8.30pm

“SOCIAL MEDIA AS A MARKETING TOOL”

An open discussion following an introduction by

Kirsty Halliday

Development Manager, Accessible Arts and Media, York

(and *Friends of York Rotary* member!)

An exclusive event for



Friends of
York Rotary

(max 2 places per FoYR member; bring a colleague!)

To confirm attendance, please notify Brian at: friends@yorkrotary.co.uk



ROTARY CLUB of YORK
INTERNATIONAL COMMITTEE

CHARITY WALK 18th April 2019



Bring a friend!

Ryedale

in aid of



Registered Charity Number 107114
www.hopeandaiddirect.org.uk

£20.00 including buffet, wine

And FREE prize draw

The “long” walk (6 miles) 10.00am
or a short walk (3 miles) 11.00am
followed by a delicious buffet lunch
with glass of wine



2018 Buffet Lunch

Meet at Terrington Village Hall
Terrington, York
YO60 6PZ

To book a place on this walk
just contact Brian at
friends@yorkrotary.co.uk

Get in touch...



ROTARY:
MAKING A
DIFFERENCE

Friends of York Rotary



www.yorkrotary.co.uk/friends



<https://goo.gl/wXNu75>

Rotary Club of York



www.yorkrotary.co.uk



<https://goo.gl/4d2h7n>



<https://goo.gl/tE1cXW>



David has been a Rotarian for 30 years, and for the past 4 years has been heading up the team that organises the annual Dragon Boat Challenge. He will become President of our Club in 2021-22. We asked him for his thoughts about Rotary.....

What was your first involvement with Rotary?

I joined Rotary over 30 years ago. I was very much the young member of the club but I got a fantastic welcome from the older members, many of whom had led such interesting lives and had many experiences to relate. After a few years as a member I spent three years as assistant secretary of the club and that was followed by three years as secretary.

Since then?

I have participated in club activities and spent a period of time as chair of the club's *fundraising team*. In that role I organised what was then the annual charity pigeon shoot for a number of years. In its time it was a great fund raiser earning over £3,000 each year – quite a lot in those days! Unfortunately after problems with insurance requirements the club had to stop the event. That was a great pity as it raised needed funds for charity, but we have since moved on to many other equally successful events.

Tell us about the £1m Dragon Boat Challenge..

I have been involved with the Dragon Boat Challenge since the first event 16 years ago and for the last 4 years I have chaired the committee. It is a fantastic event to be involved with and we are lucky to have a strong committee, supported by the club members and friends. It was great to have the support of *Friends of York Rotary* last year, it was much appreciated and I hope that you will be able to help again in 2019. The great thing about the Dragon Boat Challenge is that it has raised so much money for charity (approximately £1.1m to date) but also it is a great day of fun for the participating teams, stallholders, helpers and the public. We always get fantastic feedback.



David on Dragon Boat day!

What is your professional background?

I am a Quantity Surveyor with an office in York. We provide Quantity Surveying and Project management services for a wide variety of building and engineering projects. One of the memorable projects that I was involved with for over 7 years was the £15m York Minster Revealed project. It was a privilege and a very interesting project to be involved with.

What do you enjoy about Rotary and how much time does it take?

I enjoy the weekly meetings, the fellowship of these and the many interesting speakers that we have.

Participating in the many club events and activities also means a lot. Although I have a busy working life Friday lunch time meetings are a break. They are a spell away from the office and rather than eating lunch behind my desk or in the car I am socialising with friends who are not involved with my work.

The time taken by Rotary depends on how much you want to put into it and all members vary. I suppose weekly meetings take a couple of hours overall and I attend most weeks. At the moment my Dragon Boat Challenge involvement adds anything from 2 to 10 hours a week, but I am happy to do that and fortunate that I can. If members cannot attend lunch meetings every week that is not a problem, as there are many different ways that members can contribute to the club's work. It is involvement overall that counts.

What role do you see for Friends of York Rotary in Rotary's future?

I think that the role is an important one. I hope that *Friends* can continue to help with club events, as they have with the Dragon Boat Challenge, and that in doing so the *Friends* will hopefully get benefit and enjoyment. I also think that by improving links between Rotary and other organisations *Friends* will have an important role and I hope that *Friends* will get reciprocal help from Rotary. I would love to think that after their involvement, individual *Friends* will decide that they like what they see in Rotary and might like to consider membership or more active involvement.

Does 2021/22 seem a long way off in the context of being club President?

Yes it does, but I know that it will go by very quickly. I think it is important to have a long lead time before being President. That will enable me to watch the Presidents in action very carefully over the next two+ years and to consider the path that I would like to undertake in that role, and to carefully plan the year. I very much look forward to the honour of undertaking the role.

International Women's Day



8th March 2019

- From Yvonne Copley, KYRA -

A day celebrating the social, economic, cultural and political achievements of **women**. The first International Women's Day occurred in 1911, supported by over one million people, demanding their rights. Since then every year on 8th March the world joins hands together to support, raise, inspire and motivate women across all fields of work.

Kyra Women's Project is celebrating the day by hosting a range of activities and events. It will also be a market place for organisations to showcase their activities and support for women in York and area.

If you would like to have a stall, at a cost of £20, contact fiona@kyra.org.uk to book your space.

www.kyra.org.uk

ROTARY YOUNG MUSICIAN

Photos of the two winners (Emily Watson and William Clark) with Jo and Heather. Emily and William go on to the Regional Heat on March 3rd – also at the NCEM.....



.....and some of the thirteen competitors who took part



"Friends" help at Rotary Young Musician

Our Rotary Club recently organised a local competition for young musicians, part of a National series culminating in a UK winner being selected.



Three members of *Friends of York Rotary* were involved in helping to run the event, and two of them tell us here how it went..

Gillian Baldwin:

"Having been closely involved in the creation of the National Centre for Early Music 18 years ago it was a real pleasure to be asked to help with the York Rotary Young Musician Competition on Saturday 17th November. The NCEM is an internationally renowned and award-winning music venue which combines first class acoustics, underfloor heating and excellent facilities for competitors. Promoting a year-round series of jazz, world, folk and early music makes it an ideal venue for this competition.



I-r Russ, Craig Brown (FoYR)

Christine, Gillian (FoYR)

It was fantastic to welcome a wide age range of participants who all looked extremely confident and were very talented. I know that this is precisely the type of event that the NCEM likes to encourage.

I was delighted to be involved in this event as a 'Friend of York Rotary' and to be closely involved in its organisation from the planning meetings beforehand through to the competition itself."

Josephine Peach:

"After a couple of empty years the York area heat of the Rotary Young Musician Competition was once again held on November 17th at the National Centre for Early Music, an excellent and very welcoming venue. This was thanks chiefly to Russ Rollings and Christine Watkinson who organised the day, and to Diana Naish.

I was asked to adjudicate, and also to give any necessary help and advice about the purely musical aspects of getting all this off the ground. The workings of such an event are complex; Heads of Music and a large number of private music teachers needed to be contacted quickly; this proved quite difficult but eventually everything fell into place and the day worked very smoothly. My good friend and colleague Heather Hammond, herself a piano teacher and successful composer, joined me in the adjudication, Gillian Baldwin from the NCEM was a cheerful and invaluable helper, and the two equal winners performed with real musicianship and outstanding involvement. The NCEM is already booked for Sunday November 17th 2019 so do tell any young musical friends you may have....."



Jo Peach Heather Hammond

Support Rotary in *style!!*

Bright yellow Rotary Club of York Polo Shirts are now available for all FoYR members to purchase.

They are available in sizes S to XXL (both men and women)

Price £17.50

If you'd like one, email us at friends@yorkrotary.co.uk stating size required.

We will contact you to confirm your order and send you payment instructions.



Rotary Tree Planting

The York Rotary Family Tree Partnership programme is a recent initiative from the Club, aimed at planting over 1,000 trees to celebrate the arrival of babies born in York in 2018 and 2019. Partnering on this programme are The Woodland Trust, York St John University, York Cares, and the City of York Registrar, amongst others.

The first planting took place in November 2018.

The first site is on the Haxby Road, just north of the York St John University Sports Park Grounds (east side of the road). The site includes the path that runs from Haxby Road eastwards to Huntington Road. In total, 840 saplings were planted here, over two days, a mixture of native broadland species including oak, birch, hawthorn and hazel.

The planting was overseen by Derek Utley, from the Woodland Trust (who supplied the saplings) and was carried out by a team of our Club Rotarians and a large team of volunteers from Portakabin and from Benenden Healthcare, organised through York Cares.



Volunteers from Portakabin help with the planting



A second planting is planned for early 2019. If any Friends would like to come along and help, please let us know.

More details, location directions, and photos can be seen on our website

<http://www.yorkrotary.co.uk/tree-partnership>

Invite your friends!
Read the story on page 6

Rotary Club of York presents

THE GRAND OLD UKE OF YORK

Tickets include a drink at the interval
Adults: £12.50 • Under 16's: £8
www.yorkrotary.co.uk/uke

SATURDAY 23RD FEBRUARY
• DOORS 7PM • SHOWTIME 7:30PM
FREE PARKING AT MEMORIAL HALL, ST PETER'S SCHOOL,
CLIFTON, YORK YO30 6AB

IN AID OF AND Rotary charities in York

422 Xmas Stockings!

Our Club recently helped to gather 211 donated pairs of socks and these were then donated to **Carecent**, a charity for the homeless and socially excluded in York.



Read about this story, and what else is happening at our Rotary Club, on our club website NEWS page

www.yorkrotary.co.uk/news

NOT A LOT OF PEOPLE KNOW THAT

Rotary has 1.2million members in 32,000 Clubs worldwide

Uke can help!

Friends of York Rotary are invited to help with our latest “fundraiser” event on February 23rd. We are organising a concert



show by “Grand Old Uke of York”, a very popular local ukulele band who have been playing at many events in York and have

recently released a CD. The show is in aid of Age UK York and also our Rotary Club’s Charity Fund which every year supports local charities, as many of you will know.



So how can “Friends” help? In three ways...

- **First**, by coming along to support the show, which is at St Peters’ School at 7pm (see poster on p.5)
- **Second**, by letting all your contacts, friends and families know about the show and encouraging them to get tickets
- And **third**, by volunteering help to steward, sell raffle tickets etc on the night, alongside our own Rotarians.

For more information, and online ticket sales, please go to our website

<https://www.yorkrotary.co.uk/uke>



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Building Life Skills

Rotary helps young people develop interviewing confidence

by York Rotarian and Past President, Eileen Davis



One of the “community” activities of the Rotary Club of York is to offer practice interviews to older students in York secondary schools. This helps students to build confidence to face real-life interviews for colleges or jobs. During the latter part of

this Autumn Term, we responded to requests from Tadcaster Grammar School and The Mount School, York; and interviewed some of the students who were going through the process of applying for university, college or apprenticeships. Rotarians from all walks of life can bring their experience and skill to assist those just starting out.



The young people learn how to manage an interview in front of strangers, experience some of the more tricky questions which might emerge and are given feedback on their personal statements, presentation and responses; some even ask for advice! It is always an interesting and uplifting experience for us, meeting young people with determination and positive, outward-looking attitudes.

This year, in addition, two of us planned and delivered a 2-hour general session on “making an impact at interview”.



With backgrounds in business and education, we brought different perspectives to the subject – and were able to witness some of our advice in action when we subsequently interviewed some of the participants

The students and the schools are ever grateful for our input; sometimes we can even match specialist interviewers with students applying for highly competitive courses (such as medicine, veterinary medicine, Oxbridge). **Friends of York Rotary** may well like to offer to be involved; if so, please send us a note of your interest.

Eileen

Contribute to Community We welcome contributions to this newsletter from our “Friends” members – whether it is news of what you or your organisation are doing, or your interaction with our Rotary Club. Please submit articles to Brian at friends@yorkrotary.co.uk

