



*Friends of*  
York Rotary

Supporting  
Rotary in our  
Community

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## July's Speakers on Rotary Zoom!



First, we wanted to let you know that we have some fabulous outside speakers coming in to our York Rotary Zoom meetings in July - two of whom are members of *Friends of York Rotary*

**Fri July 3 Professor Michael Holmes "Health Inequalities and COVID-19"**

*Michael is a Partner at Haxby GP Group, and is also Vice-Chairman of the Royal Society of General Practitioners and an Honorary Professor at the University of York*

*I heard his talk about health inequalities and their impact at a conference at York CVS. It was fascinating and he is now presenting this talk to us, with the added twist relating to the current pandemic.*

**Fri July 17 Egg Cameron "Move the Masses"**

*Egg is CEO of Move the Masses, a charity dedicated to providing opportunities for people of all ages to keep fit and experience wellbeing through exercise. In recent months, because of the Covid-19 pandemic and the impact of social distancing, their services have shifted from those involving physical contact to non-physical support in the form of welfare calls, prescription deliveries and accessible online workouts.*

*Egg is a member of "Friends of York Rotary"*

**Fri July 31 Yvonne Copley "KYRA Womens' Project - Current Challenges"**

*Yvonne is CEO of KYRA Women's Project, a York charity that exists to help local women make positive change in their lives, through a range of courses, therapies, life skills and events for women. COVID-19 has naturally changed the way they can provide these services, and Yvonne will explain how.*

*Yvonne is a member of "Friends of York Rotary"*

**ALL Friends are VERY welcome** to join us for our Rotary Zoom meetings (Fridays at 12.30pm - we usually finish by 1.30/1.45pm)

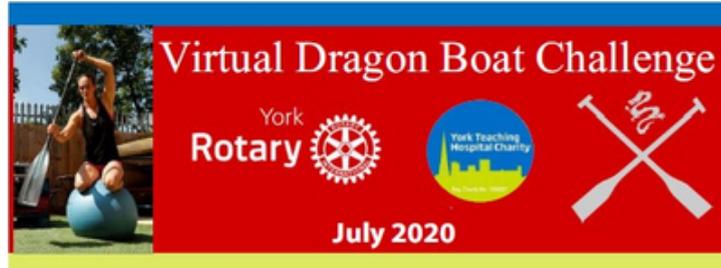
**Read more**

Just let me know at [friends@yorkrotary.co.uk](mailto:friends@yorkrotary.co.uk) - or call me on 07885 822272 - if you'd like to come along to any of the above meetings and I'll send you the link...

*Brian Joscelyne*

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## Dragon Boat Challenge - launched and running!



We've got off to a flying start last week with this zany event! Around **£4400** raised so far, a radio interview on BBC York and a feature on That's TV York.

As we get in to July we are hoping more 2020 Dragon Boat Teams will gear up to take part, and of course others - families, individuals, whoever - who want to support the Challenge and have a go! (And that, of course, includes any of our *Friends* who have a wild streak and enjoy a bit of fun in a good cause!)

100% of the money raised is going to the **York Teaching Hospital Charity**, towards an outdoor wellbeing area for the amazing staff at York Hospital.

### [Read more](#)

There's a link there to see the various videos that have been made so far - don't miss the one of *Steve "Bubbles" Burton* in his bath!!

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## Networking



We're in the process of setting up our on-line networking meeting for Friends later in July.

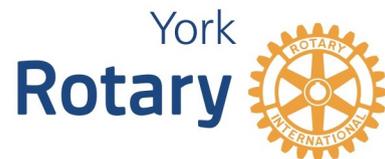
*BYOB (bring your own background)*

More to follow soon....

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Best wishes to all  
Brian

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